



Supporting Mental Health & Wellbeing

The Right to be Responsible- Social Citizenship, Lived Experience and Leadership

Fay Jackson, General Manager, Inclusion Flourish Australia

Social Citizenship Definition



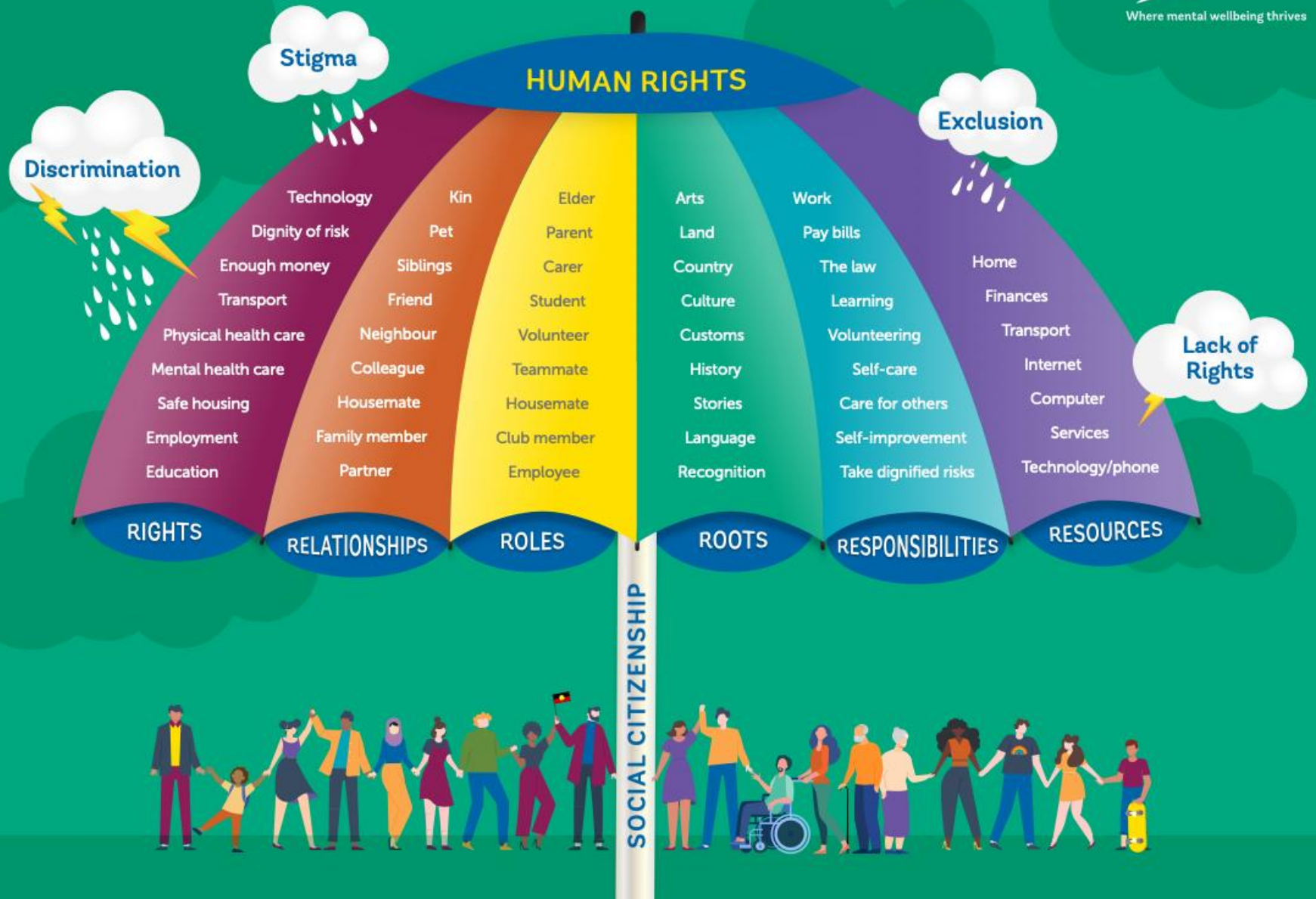
SOCIAL CITIZENSHIP DEFINITION

Social citizenship builds on human rights.

It is realised when a person is participating in, contributing to and feels included in their chosen communities.

It cultivates equitable opportunity, social, emotional, cultural and spiritual wellbeing and celebrates difference and diversity.

It recognises, promotes and upholds the rights and responsibilities that come with being a full member of their society.



The Tyranny of low Expectations

I think it's assumed by most people that people with lived experience can't contribute to services or communities. However, the Flourish Australia Council, the Executives, the Board and the Inclusion Team who support us in our work, assumes that we can contribute; and expect us to.

S.G., Council Deputy Chair

Creating safety is the key



The Council is about acceptance, trust, empowerment, social citizenship and being 'a part of', rather than 'apart from.'

S.G., Council Deputy Chair

True Co-Design

Accountability8: *Co-design processes and outcomes must have a local focus but be aware and respecting of regional, national, global, intergalactic, all other dimensions, unique views, beliefs and realities.*

Footnote: *The passionate desire to include such a strong statement which may usually be seen as ‘alternative’ or ‘bizarre’ was respected during the writing of these Co-design Guidelines. This inclusion demonstrated to the people involved in the co-design of the guidelines, that they were valued, their beliefs and experiences respected and accepted, and that Flourish Australia is an inclusive, person-led service. This bold step was not taken light-heartedly.*

Claim your leadership

If not you; Who?

If not now; when?

If not here; where?

Be the change we want to see

Do not let the rhetoric of who is and isn't a leader stop you from claiming your leadership.

Imposter anxiety? Do it anyway!

Council input – early 2022

Covid transition plan – Susan McCarthy

BOTH Physi cards – Jade Ryall

Discussion paper: laying the groundwork for a capacity building approach in service provision – Clare Evans

Employment Assessment tool – James Herbertson, Kara Lyons

Warm line Processes – Susan McCarthy

Escalation Pathways Procedure – Susan McCarthy

Pathways to Community Living Initiative Service Model - Susan McCarthy

Emergency Plan Policies – Mohammed Alkhub

Recent Council input

Digital Capacity Lead feedback – Michele Gennoe

Flourish Australia Newsletter feedback – Steven Wang

Safety training – Janet Ford

Organisational culture surveys – Tim Fong

Marketing and Branding – Welcome Booklets, advertising and promotional events – Peter Neilson

WIFI Posters – Michele Gennoe

CIMS Portal – Susan McCarthy



Committee and workshop involvement

Research Advisory Committee – Dr. Grenville Rose

Drug and Alcohol Research workshop – Jade Ryall

RAS-DS Resource Tool Workshop – Sumathi Govindasamy

Community Business Employment Measures – Clare Evans/James Herbertson

Evaluation and Reporting Framework – Susan McCarthy

Harness Project – Steven Wang

Complex Stories Workgroup – Steven Wang

Involvement on interview panels – Senior Leadership Team





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