



Media release

For immediate release: 8 August 2016

Amanda Bresnan appointed as inaugural Executive Director of Community Mental Health Australia

Community Mental Health Australia (CMHA) is pleased to announce the appointment of Amanda Bresnan as its inaugural Executive Director.

CMHA is a coalition of the eight state and territory peak community mental health organisations, established to provide leadership and promote the benefits of community mental health and recovery services across Australia.

The appointment of an Executive Director is a significant milestone that will substantially enhance CMHA's ability to represent the community sector and work in collaboration with our sector partners at a national level, for the benefit of people with mental health issues, their families and carers.

Amanda comes to CMHA from the Australian College of Mental Health Nurses, where she was employed as Policy and Stakeholder Engagement Manager.

She has held senior policy and executive management positions with a number of other national peak bodies and a national consulting firm, and was a member of the ACT Legislative Assembly from 2008-2012. She also holds a number of board directorships and is the President of the Asthma Foundation ACT.

"We are delighted with the appointment of Amanda Bresnan, who has a wealth of experience influencing policy on the political, developmental and NGO levels," said CMHA Chair Elizabeth Crowther.

"The knowledge and skills she brings to CMHA will be fundamental in helping us influence the mental health sector."

Amanda commenced with CMHA today, 8 August 2016. She is based at the offices of the Mental Health Community Coalition ACT.

For more information, please contact Rod Astbury on (08) 6246 3022 or rastbury@waamh.org.au